



**Palacký University
Olomouc**





Blended Intensive Program



Palacký University
Olomouc



Faculty of Health
Sciences

Czech School of Physiotherapy and Occupational Therapy Interdisciplinary Approach in PT and OT IV.

Virtual mobility: 15th January – 15th February 2025

In Olomouc: 3 – 7th February 2025

<https://physioschool.upol.cz/>



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Czech School of PT & OT IV.

- ✓ 3 -7th February 2025 – Winter School in Olomouc

An intensive week combining the theory and practice of Physiotherapy and Occupational Therapy (practical workshops, clinical reasoning, communication, etc.)

- ✓ 15th January – 15th February – 1-2 virtual seminars

Why focusing on interdisciplinary approach in PT & OT?

To provide high quality patient-focused services with documented outcomes; utilizing feedback to improve the quality of care of our patients.

This BIP addresses the broad concept of the necessity of interdisciplinary approach in the fields of Physiotherapy and Occupational Therapy.

We focus on:

- ✓ Movement imagery
- ✓ Psychosomatics
- ✓ Speech and voice therapy
- ✓ Breathing techniques
- ✓ Robotics
- ✓ Ergonomics
- ✓ ...





General learning outcomes of the Czech School of PT & OT

Participants will gain practical insights into:

- ✓ The concept of interdisciplinarity approach within the wide spectrum of diagnosis treated by PTs & OTs.
- ✓ The neurophysiological basis of the Movement Imagery and how to use it in various tasks.
- ✓ The role of positive/negative impact of psychosomatics on patients/therapists' life.
- ✓ The broader therapeutic fields that can have an impact on patients/therapists' life and diagnosis.

Participants will also develop basic skills:

- ✓ In the use of various breathing techniques for altering the patient's mental and physical condition.
- ✓ Within the interdisciplinary coordination of the PT/OT team.



Who is the Czech School of PT & OT for?

Healthcare students and staff:

- Physiotherapy
- Occupational Therapy
- Other interested students and staff from healthcare programmes

We would like to welcome 15–20 students and staff from international partners of Palacký University in Olomouc (through BIP):

- University of Iceland, Reykjavik (Iceland)
- PXL University of Applied Sciences, Hasselt (Belgium)
- Prešovská Univerzita v Prešove (Slovakia)
- Satakunta University of Applied Sciences, Pori (Finland)
- Universidad Francisco de Vitoria, Madrid (Španělsko)





Selection criteria and deadline for enrolment

- ✓ Students in 2nd and 3rd year of bachelor degree programme of Physiotherapy or Occupational Therapy or students in Master degree programmes
- ✓ Bachelor programme students must have completed a minimum of 40 ECTS credits at their home university degree programme
- ✓ Working knowledge of the English language (reading, speaking, writing)
- ✓ Previous clinical experience, either professional or internships
- ✓ Motivation and expectations towards the implementation in own professional career

Ranking based on motivation and English language skills will be performed by each participating University for their students.



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Deadline for enrolment

Ranking of students by the home university and the definite list of participants must be delivered by

15th December 2024

to the International Coordinator of Czech School of PT & OT

Irena Jedličková

on her email address irena.jedlickova@upol.cz



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The city of Olomouc





Olomouc and Palacký University

- ✓ After Prague, the city has the second largest and oldest historic preservation area in the Czech Republic.
- ✓ Second oldest and third largest university in the Czech Republic
- ✓ Center of cultural life (theatres, philharmonic orchestra, cinemas, festivals)
- ✓ Parks and sport facilities





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Get in touch!



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Or visit the official website of [Czech School of PT & OT](#)

BIP Czech School of PT & OT

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